Beginners.

HOW TO MOUNT AND DISMOUNT.

itions to be Avoided and Those to be Women on Bicycles-The Safety Machine.



pare the number of their mishaps with those of the bicycle riders, and the to one you will find the last list the longer of the two. It sounds somewhat paradoxical, but it is at the same time true, that must of the serious wheeling accidents occur to professional or thoroughly experienced riders.

The reason is that an oil rider is apt to become curuless. He forgets that he is on a vised as he spins over the smooth asphalt, and when the stone or other obstruction appears in his path he is not looking for it, and consequently is not prepared. So, biff! over its goos. A less experienced cyclist, on the other hand, would have been watching the coad, and would either have avoided the obstruction or have put humself in such shape truction or have put himself in such shape in passing over it that it would, at the worst,

in passing over it that it would, at the worst, have only shaken him up a trifle. Professionals or those amateurs who take part is races or tournments, however, are the greatest sufferers from secidents. There are two reasons for this: First, the race tracks are of course crowded with whesh whose piders are all secited to a greater or less degree and are up to steer while and run each other down. Second, a man in racing form must less forward over the handle her of his machine, thus throwing the center of gravity before instead of behind center of gravity before instead of behin-the halo, and in such circumstances a pobble

the balk and in such circumstances a pobble or inequality in his path that would hardly have jarred him had be been riding questly along, would send him to earth in an instant and the unusual speed would add to the probability of serious injury.

The principle of the bicycle can be illustrated very enally: Take a coin and roll it over the floor. As long as it retains its momentum the coin stays upright. As it begins to go been rapidly it topples and finally falls. That is all there is to bleydis riding. As long as you keep your wheel going it will not fall of itself. If it goes over sideways it is your fault—not the wheels. You must use your body's weight to keep the wheel upright, When you feel it going over lean your body.





nacino form.

"I want some Money and I want it Bad," said the Peoperate Highwayman to the pedal on the spward turn, rising with the pedal on the spward turn, rising with the pedal on the spward turn, rising with the pedal and shifting easily and hatarally late the saidle. Another, and by all means the best, is known as the "pedal motors Editor of a Leading City Paper."

"Most men under similar directions would want it Good."

And hat it Good."

And hat it goods are covered to the pedal motors are before, but plane the left foot direction of the pedal in it coines up, ignored the pedal motors. The pedal motors are before, but plane the left foot direction of the pedal and the peda minor. Walk on the left side of your machine as before, but plane the left foot direct, by on the cold in it comes up, ignoring the scep, and conserving the right leg over the bardlesses of the machine. This is the quick pathwise quick left on a graceful way.

stand meanine. This is the quickstand meanine are specified way.

An early a unright grasping the handle for a with your palms upward. In that way your shows will be thrown in toward your thost and your shoulders will be thrown had been sufficient and your shoulders will be thrown had been sufficient and your shoulders will be thrown in constraint presents. Under no circumstances get in the habit of riding with your palms of the handle of the straight for ranny reasons. Under no circumstances get in the habit of riding with your palms of the handle.

Best

ASTRIDE THE WHEEL

In the really much safer to coast down a full than it is to make the trip with the feet on the pedals. With your legs over the handle hers a header is a matter of very little consequence, for you are certain to land right side up like a cat.

Beginners.

In grun control of the brake should be retained. It is really much safer to coast down a full than it is to make the trip with the feet on the pedals. With your legs over the handle hers a header is a matter of very little consequence, for you are certain to land right side up like a cat.

Beginners.

Contrary to the very natural supposition, bicycle riding is not merely exercise for the legs. In fact, nearly every muscle in the body is called into activity while riding, and the beginner almost invariably feels tired in the muscles about the trunk, particularly in those at the sides of the abdomen, before he is the first the most extended to the control of Rider Haggard's navels.

The owner of Portugal is the most ex-

the miscles about the trunk, particularly to those at the sides of the abdomen, before he does in the legs.

"Safety" and "hill climbing" bicycles have become occurous during the last year or two. They have some advantages over the big wheels, but there are many riders who prefer the latter and will probably stick to their preference. The safeties have not have a little parties and a little self confidence.

And, moreover, the dangers of bicycle in the safeties of the large wheels is made upon the large wheels is made that Julia leave mounting and dismounting from the law mochines is a comparatively simple mater, but as much care should be given to the dangers of bicycle in the safeties. Of course mounting and dismounting from the position as is necessary on the light wheels.

Woman's bicycle It has already become of Rider Haggard's nevels. The queen of Portugal is the most extravagant dresser in Europea can be legs who prefer the latter and will probably stick to their preference. The safeties have been since of the large wheels is made up for by a multiplying device in the safeties. Of course mounting and dismounting from the low machine is a comparatively simple mater, but as much care should be given to the position as is necessary on the light wheels.

Woman's bicycle It has already become of Rider Haggard's nevels. The queen of Portugal is the most extravagant dresser in Europea. Ella Wheeler Wilcox is devoting hervard travagant dresser in Europea. The safeties have been such as the publisher of her new movel, "His Honor."

Alice Liebmann, aged 9, is astonishing London critics with her skill on the violation. The statement is made that Julia longuage.

A comparatively recent invention is the work and the publisher of her new movel, "His Honor."

The statement is made that Julia longuage.

Mrs. W. A. Cockran, of Shelbyville, as singuage.

A miss Glanf, of Pittsburg, married



A WOMAN CYCLIST.

popular in the east, notably in Washington, Boston, New York and vicinity, and is rap-idly gaming favor in other localities. In appearance it resembles the man's "Safety" to a certain extent, but the saidle is supported by a backbone consected with the rear wheel only, and leaving ample room for the skirts between the saidle and the front wheel and fork. The wheels are joined by a low reach, and the skirts are protected from the chain or other attachment which communicates the motive power from the pedals to the wheels by a wire or sheet tron guard. A woman in riding one of these bicycles displays no more of her ankles than in walking A good contume for women ridinals described in the foundation of a fortune. a certain extent, but the saddle is supported

plays no more of her ankles than in walking. A good coatume for women ridurals described in Cassell's Magazine thus.

"The gown must not be over two yards in width, or it may catch in the wheels; it must be guilthess of steels or other dress improving arrangement; it must be long enough to touch the instep as it reaches the lowest point. It must be made plainly and neatly, with no douting flounces or frill. A color-calculated to withstand dust and grease is the most sensible wear, and jewelry, colored the most sensible wear, and jewelry, colored ribbons, artificial flowers, etc., are entirely out of place. Shoes should always be worn, and the headpear should be chosen with a view to wind, ain and possible showers."

The large number of League bicycle tour-mments which are being held this menth in various parts of the United States and Ca-mada call special attention to the sport at this time, and nort senson will probably be begun with a new set of records.

Difficulty of Attaining Great Skill in the

Game—The Power to Floresse.

Learning to write shorthined. Almost any one by practice can learn to write one hundred words a minute or possibly may get up to one hundred and treatty-five, but toyond that very few writers go, although almost every shorthand writer chains that he can. So in whis it is easy to get up to a certain point, but beyond that few can go. Any one who has mastered the rules of the game may be able to play it for some time perfectly. Game-The Power to Finesse, be able to play it for some time perfectly ce in a while the occu

be able to play it for some time perfectly that every once in a while the occasion arises which only the really great which player can meet. One of the greatest and most difficult of plays is the grand coup of which Deschappeles was such a master, and which is explained in every good which book But generally speaking the test of a good which player is in his power to finese.

I remember, at a recent game which I rationally have a sharp turn in the opposite direction. Unless it has gone too far that will are at large in their handle hars a sharp turn in the opposite direction. Unless it has gone too far that will save it. If a borter goes at the matter intelligently and thinks the why of it out before he wants the whose two or livere trials ought to give him full control of the equilibration of his medium.

MOUNTING AND DIRECTION.

The port thing to learn is to mount and diamonts quickly and gracefully. A rider should practice until be can get on and of without much trouble before be variance on any much frequire the list at them up with common any much frequire the list at them up with common any much frequire the list at them to put their say of our preaders doubt the name trouble the before be variance on any much frequire the list at them to prove the say of the fall of the cards that then the rade and a gent the night above the now line. They were in constant dament difficult to one of the same period.

If any of our readers doubt the now line, Mrs. Emma P. Ewing, a lecturer on household economy, declares that over the same period.

If any of our readers doubt the mage in the same part the night above the night above the night at over year, and that a will be good of the time in soap grease in the same period.

As a girl Mrs. Maybrick spent a good deal of her time in New York with her mother. They generally stayed at the New York with her on the night above the same period.

Perron S Traveling who are the night above the night a

should practice and it practices and practices and construction and practices and constructed as any much frequented streets. The simplest way of mounting is of course best for the beginner. Or care the innate hears with both bands and get directly behind your wises.

I've ours foot on the mount, step and hop along out be other until you are under good head way. Then rise on the foots which is on the step, and with shoother cares the pedal as it comes around on the myward turn. With a little sering to aid it, the pedal will awing you into the saddle. The mount just described, however, should be only resorted to by buginises. At base it has a tendency to be awivered ward and as sinw and unextification.

The sext mount to learn will not be difficult after the first has been thoroughly one-to-read, Wall on the left side of the machine, with both hands on the box. Without breaking step cross the left foot in front of the right and place in on the step. Than swring the right be around behind the backbone where gives above can be applied to you pay the 6 atterward you have the first, and show the sext. Without heads in the bars. Without heads in the bars. Without heads in the bars. Without heads on the box. Without heads in the bars. Without heads on the box. Without heads in the bars. Wi

Besic-I met Miss Shapely out shopping today, and I never before realized what a loud voice she has Jennie-But you must remember, my dear, that she was asking for a pair of No. 2 shoes.

THE GENTLER SEX.

Mrs. Humphry Ward is working on a society play There are 275 lady preachers in the

United State Miss Anne Reeve Aldrich, the poet, is

A Miss Glanf, of Pittsburg, married her uncle-stepfather and becomes stepmother to her brother. Miss Braddon is stated to have penned

some of her most thrilling passages on toru envelopes or other bits of paper that came to hand. Mrs. Walter G. Oakman, daughter of

the late Roscoe Conkling, is a tail, pale woman, with dark, gentle eyes and lux uriant golden hair The Comtesse de Paris is an expert

with the gun. On the moor at Moness, near Aberdeen, she one day recently shot forty brace of grouse. Mrs. Mackay was a young, pretty,

dashing widow when she attracted the attention of J. W. Mackay, who was at the time a miner working for \$1 a day. Miss Rudge, the able chess player, is

printing office, and is said to be laying the foundation of a fortune.

Mrs. Maud Howe Elliott and her sister, Mrs. Florence Howe Hall, have undertaken a full account of the life and education of their father's dest, dumb and blied pupil, Laura Bridge un.

Anna E. Dickinson denies that she is an invalid, and says she will before many months "take up her public work, probably for a short time on the plat-form, certainly on the theatrical stage."

A grant of £100 from the royal bounty fund has been awarded to Mrs. Linnsus Banks, the English novelist. Mrs. Banks, who is nearly 70 years of age, has been for some time in very indiffer-

Mand Miller, daughter of Joaquin, "the poet of the Sierras," married against her father's will and drew a blank. She is now in destitution, and although the father is rich he forbids her his threshold. Blanche Wakefield, who, with her sis-

ter, Ethel, has been playing with success in Paris recently, performed on the

Three prominent ladies of Portland, Ore., became separated from a party with whom they were ascending Mount Hood and spent the night above the snow line. They were in constant dan-

of the Philistines, commanded his armor bearer to hold his sword that he might plunge upon it.

Judas Iscariot, after selling the Sa-viour for thirty pieces of silver, was overcome by remorse "and went and hanged himself."

Samson, for the sake of being revenged upon his enemies, pulled down the house in which they were reveling and "died with them."

Wan. Timmons, postmaster of Idaville Ind., writes: "Electric Bitters has dono more for me than all other medicines combined, for that bad feeling arising from Kilney and Liver trouble." John Lesile, farmer and stockman, of same place, says: "Find Electric Bitters to be the best Kidney and Liver medicine; made the feel like a new man." J. W. Gardner, fardware merchant, same town, says: Electric Hitters is just the thing for a man who is or dies, the found new strength; good appetite and felt just like he had a new lease on life. Only 50c. a bottle at A. C. Smith. Ca's drug store.

"Send two cents in stamms to F. T. Send two cents in stamms to F. T. Send two cents in stamms to F. T.

the handles. It brings the shoulders forward, contracts the chest, and would undoubtedly, sift pensisted in, have a bad effect on the lungs. To learn forward, as received to, is had form on the road. It is awkward, unhealthy and dangerous. Don't do it.

Another thing which should be mastered early is the science of "coasting." This consists of putting the legs over the handle bars said "lotting the legs over the handle bars and "lotting the legs over the handle bars and "lotting the ro." Of course, when coasts and it! Mumber—Spackings unit style to containing complete rules for laws tensits, and it! Mumber—Spackings unit style containing complete rules for laws tensits, and it! Mumber—Spackings unit style containing complete rules for laws tensits, croquet and basebalt; just issued.

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o great bargains, and worth from \$7.50 to A large lot of Children's Elderdown

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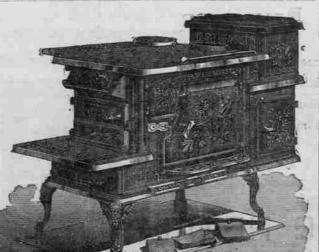
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